To start, open out this sheet to its full size so that you can see the painting and these notes. Choose songs or pieces of music that come to mind as you look and imagine.

Your musical choices for Apple Trees in Blossom:
Track 1 ........................................................................................................................................
Track 2 ........................................................................................................................................
Track 3 ........................................................................................................................................

Listen and soften, find a way to be quiet and bring awareness to your body, the emphasis here being on simply noticing. Let your music begin and maybe close or lower your eyes; imagine the music around you, softly coming into your bones.

Warm up, take a few moments to wake up movement in your body. Maybe start by twinkling your fingers as if they were playing the piano, lifting one or both elbows and if possible, reach one or both arms wide. Keep waking up as much of your body as feels right.

Creating dance, imagine yourself in the artwork moving through the landscape, this might be the beginning of a small dance. Can you capture what you see and feel in movement? Let the rhythms and feelings of music help your dance to flow.

To finish, close or lower your eyes and hold something of the painting in your mind. Allow your body to rest quietly, that is a great dance too!

How did the painting change as you listened to the music?
Track 1 ........................................................................................................................................
Track 2 ........................................................................................................................................
Track 3 ........................................................................................................................................

Let's move, with dance artist Filipa Pereira-Stubbs - movement can be small, big or dramatic; there is no wrong way to dance.

If you would like to spend more time with Filipa and this painting, go to Apple Trees in Blossom on YouTube Cambridge University Museums / Playlists / Objects in Focus/ Relax, Look, Imagine or scan the QR code.

What did it feel like to dance?
Look, Imagine & Create Activity Pages

Apple Trees in Blossom c.1871
Antoine Chintreuil (1814-1873)

Chintreuil, a French artist, was a pioneer of painting outdoors? His delicate paintings of light and atmosphere made him a forerunner of the famous French Impressionists.

Take a close look, allow yourself five minutes or more to explore the colours, textures, shapes, mood and atmosphere of this painting.

What do you see? Perhaps it’s ‘the village, in the background, a church perhaps, houses, some barns?’ or the ‘gnarled trunk and branches of the tree that you can almost feel’ or perhaps ‘the colours of the fields, trees, sky, people and building, all of a similar tone, bringing the picture together as one’

- observations made by other picture gazers

Imagine having time on your hands, walking down a country lane and noticing this scene. You stop, lean on a wall or gate and drink it in, your mind empties and...
This gentle painting of apple trees in blossom, with the promise of the fruits to come may evoke memories of the taste and smell of fresh picked apples or perhaps someone cooking with apples.

*Which are your favourite apples and why? Are they juicy, fresh, sweet, sharp, crisp?*

How about filling the apple shape with words to describe these sensations or perhaps a favourite apple recipe.

Or use the mark making suggestions to fill in the apple shape to create a sense of form.
Create ~ make a decorative plate

At home or when you have more time, how about decorating a paper plate with an apple or fruit inspired design, we used a combination of collage images from magazines and paint to create the example below.

You will need paper plates (try to get quite thick ones) magazines, images of apples scissors, glue sticks or PVA glue, acrylic paint, brushes water pots.