Create ~ make a playlist and dance

To start, open out this sheet to its full size so that you can see the painting and these notes. Choose songs or pieces of music that come to mind as you look and imagine.

Your musical choices for The Gust of Wind:

Track 1 .................................................................
Track 2 .................................................................
Track 3 .................................................................

Listen and soften, find a way to be quiet and bring awareness to your body, the emphasis here being on simply noticing. Let your music begin and maybe close or lower your eyes; imagine the music around you, softly coming into your bones.

Warm up, take a few moments to wake up movement in your body. Maybe start by twinkling your fingers as if they were playing the piano, lifting one or both elbows and if possible, reach one or both arms wide. Keep waking up as much of your body as feels right.

Creating dance, imagine yourself in the artwork moving through the landscape, this might be the beginning of a small dance. Can you capture what you see and feel in movement? Let the rhythms and feelings of music help your dance to flow.

To finish, close or lower your eyes and hold something of the painting in your mind. Allow your body to rest quietly, that is a great dance too!

How did the painting change as you listened to the music?

Track 1 .................................................................
Track 2 .................................................................
Track 3 .................................................................

Let’s move, with dance artist Filipa Pereira-Stubbs - movement can be small, big or dramatic; there is no wrong way to dance.

trace the horizon swoop and glide
kneading the clouds, stretch and pull
reach into the sky, growing tall and long
move with the gentle wind, sway and rock

If you would like to spend more time with Filipa and this painting, go to... The Gust of Wind - guided relaxation film on YouTube Cambridge University Museums / Playlists / Objects in Focus/ Relax. Look, Imagine or scan the QR code.

What did it feel like to dance?
The Gust of Wind c.1872
Pierre-Auguste Renoir (1841–1919)

This painting is thought to represent a hill near Saint-Cloud, to the west of Paris. The artist, Renoir was part of a group known as Impressionists. They were among the first artists to paint with oils in the open air capturing the fleeting changes of light. The invention of tubes for transporting paints made this outdoor painting possible.

Take a closer look, allow yourself five minutes or more to look at this painting, take in the colours, textures and shapes, the brushstrokes, mood and atmosphere.

What do you see? Perhaps it’s the ‘blurring of movement – trees, bushes, sky’ or the ‘clouds rushing across the sky, tints of pink and yellow, the weather changing?’ or maybe you can spot ‘a house on the right-hand side of the valley?’

- observations made by other picture gazers

Imagine daytrips to the countryside were a new and popular activity for Parisians at this time made possible by the development of the railways. Imagine you are sitting on a steam train, leaving Paris, window open, wind on you face, looking out at this view.
Imagine you are looking at Renoir's landscape through a train window, fill in the outline sketch below by adding textures and details using pen, pencil or colour to create your own imagined landscape, for example, you might draw someone walking their dog or some wild-flowers.

Or how about creating your own wordscape (or fill in the sketch with words) to describe what you image you could see, hear, feel or smell, for example birds singing, leaves gently rustling in a warm breeze and the scent of thyme or lavender.
At home or when you have more time, how about making a nature mobile? Collect natural objects from outside (e.g., leaves, sticks, feathers). You could then paint or draw on them making simple patterns or using descriptive words.

1. Head outside and find some materials e.g. leaves, sticks, feathers, stones

2. Decorate your materials. You could paint them, draw on them or glue materials together

3. Then bring them all together and lay them out in lines to make your nature mobile

or

Use your materials to make a nature collage.